



Safely back Home Life Saving Rules







# My safety attitude





# By stopping unsafe work, I can save a life.

I have the right and duty to stop work if it cannot be done safely.



### I know how to do my job

The induction training and my professional skills always meet the requirements of my job.



### I always think first

I do not assume, I ask and give advice. I plan my work so that risks are minimised. When changes take place in my work, I re-assess the risks.



#### I care

I care for my own safety and that of others. I maintain my work ability and I look after my well-being.



# Safely Back Home Safety Rules





#### **Electrical work**

I always ensure that there is no voltage in the system and that the correct live line working method is used. I know the electrical safety risks influencing my work and I comply with requirements.



# Personal protective equipment and working methods

The PPE's and tools used by me are correct and not damaged. I use the right working methods and suitable tools.



### **Worksite safety**

I mark and secure the work area. I make sure the worksite and its surroundings are safe for me, my colleagues and external parties.



# Working at height

I use appropriate falling protection. I make sure no one below the work is in danger.



# **Machine and lifting work**

I ensure that safe distances to machinery and loads are maintained. I communicate during work in mutually agreed ways.



#### **Traffic**

I take variable weather conditions and circumstances into account in traffic. I do not cause danger to anyone with my traffic behavior.